

ZesticaTM moisture

VAGINAL LUBRICANT

**FAST,
LASTING RELIEF
FROM VAGINAL
DRYNESS²**

PATIENT INFORMATION



ZESTICAMOISTURE.CA

VAGINAL DRYNESS

ZEST

n. (zĕst) (zĕst)

- lively and pleasing:
full of zest
- piquancy; interest; charm.
- a lively quality that increases
enjoyment, excitement,
or energy: zest for life
- Spirited enjoyment; gusto

zest'y adj.
zest'ful adj.
zest'ful-ly adv.

Vaginal dryness can be painful and uncomfortable. It can stop you in your tracks, drain your confidence, and can get in the way of enjoying intimacy.

Vaginal dryness can occur at any stage in life.

Some women experience vaginal dryness due to certain medications or after giving birth. Vaginal dryness is also commonly related to the natural changes that occur in your body during and after menopause.

Almost half of postmenopausal women surveyed in Canada experience vaginal discomfort.¹

AMONG THESE WOMEN:

88% experience vaginal dryness¹

49% experience pain during intercourse¹

In the past, many women were led to believe that vaginal dryness was a fact of life that you had to endure.

But we now know that vaginal dryness is a common condition and that there are treatment options available that can help provide you with balance and relief.



Zestica[™] moisture

Zestica Moisture[™] is a vaginal moisturising hydrogel that delivers proven comfort from vaginal dryness.

1 NON-HORMONAL
Get effective relief that's
100% hormone-free.

2 FAST ACTING
56% of women surveyed felt Zestica Moisture[™] provided almost immediate relief.²
98% of women surveyed felt it caused their symptoms to disappear within 1 hour.²

3 DEMONSTRATED EFFICACY
94% of women surveyed felt Zestica Moisture[™] was "effective at relieving dryness and vaginal discomfort".²

4 LONG LASTING
After initial treatment for 5 consecutive days, there's an accumulated effect.

- 2 days after the last dose:
81% of women surveyed remained symptom-free²
- 4 days after the last dose:
Almost **half of women** surveyed remained symptom-free²
- 9 days after last dose:
42% of women surveyed remained symptom-free²

5 NON-STICKY, WITH NO MESSY DISCHARGE
With Zestica Moisture[™] there's no discomfort² and no mess.

6 SAFE TO USE WITH CONDOMS
Zestica Moisture[™] is compatible with latex and polyurethane condoms.

7 EASY TO USE
Zestica Moisture[™] is a clear, natural-feel hydrogel that comes in convenient, pre-loaded single-use applicators.

8 FRAGRANCE-FREE
Zestica Moisture[™] is **100%** fragrance-free.

HYALURONIC ACID

Hyaluronic acid (HA) is naturally present in the human body and throughout nature. It's a key component in many of our tissues and fluids, including vaginal fluid. The body uses HA to carry water and retain moisture as it is extremely water absorbent and provides high levels of moisturisation.

Zestica Moisture™ is specially formulated using two different lengths of HA molecules:

- Shorter molecules of HA release water immediately for **instant relief**.
- Longer HA molecules gradually break down to deliver a **second wave of moisture**.

Hyaluronic acid is an excellent lubricant with a well proven safety profile.

Visit [ZesticaMoisture.ca](https://www.ZesticaMoisture.ca) to read more about the science of hyaluronic acid.

HOW TO USE ZESTICA MOISTURE™

FREQUENCY

To provide relief from vaginal dryness apply Zestica Moisture™:

- **Once a day for 5 days**

Then, to maintain relief, reduce application of Zestica Moisture™:

- **2 to 3 times per week, as required.**



HOW TO APPLY

You can use the Zestica Moisture™ applicator morning or night—whatever works best for you.

1

Sit or lie in a comfortable position, twist off the end tab, and gently insert the applicator into the vagina as far as it will comfortably go.



2

Squeeze the applicator to release the hydrogel.

3

Carefully remove the applicator and recycle it.

FOR USE WITH CONDOMS

Zestica Moisture™ is compatible with latex and polyurethane condoms. Simply apply Zestica Moisture™ to the outside of the condom prior to intercourse.

CAUTIONS

Do not use if the end tab of the applicator is broken off. Vaginal applicators are designed for single use only; reuse may result in infection. Discontinue use if irritation occurs. Keep out of reach of children. Store between 5-30°C.

TO LEARN MORE

Talk to your doctor or healthcare professional if you would like more information about vaginal dryness and your options for relief. If you would like more information about Zestica Moisture™ and to read FAQs, visit:

[ZesticaMoisture.ca](https://www.ZesticaMoisture.ca)

WHERE TO BUY ZESTICA MOISTURE™

You can find Zestica Moisture™ on-shelf across Canada in the feminine hygiene sections at participating locations.

VISIT
ZesticaMoisture.ca

to access the most updated listing of
Canadian retailers or to purchase
Zestica Moisture™ online

Zestica Moisture™ is distributed in Canada by:

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www.searchlightpharma.com

REFERENCES:

1. Frank SM, Ziegler C, Kokot-Kierepa M, et al. Vaginal Health: Insights, Views and Attitudes (VIVA) survey—Canadian cohort. *Menopause International* 2013(19)1:20-27.
2. Zestica Moisture™ User Trial 2013. Data on file. Searchlight Pharma.

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